

# Family Learning

your courses



**ADULT  
EDUCATION**

All courses are open to discussion  
with your local Family Learning tutor

## Family Wellbeing

- Nurture Me, Nurture My Family
- Speakeasy – relationships and sex education
- Food 4 Thought
- Explore Outdoors/Outdoor Learning

## Developing Literacy and Numeracy Skills

- Keeping Up with the Children
- Family Literacy/Numeracy
- 'Functional Skills' qualification courses
- Supporting Phonics
- Supporting Reading
- Supporting Handwriting
- Playing with Language
- Playing with Number
- SPaG for SATs
- Ready for School
- Transition to Secondary

## Digital Inclusion

- Scratch Coding
- Family Learning Computing